Discipline Plan for Portland Christian Students

Students will learn the procedures, expectations, and rules at the beginning of the school year, such as voice levels, classroom behavior, hallway behavior, and bathroom behavior. These will continue to be practiced and reinforced throughout the year. When a student fails to use appropriate behaviors, the potential consequences may include the following:

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| **First offense:**   * Redirection towards the appropriate behavior * Moved to a different location in room |
| **Second offense:**   * Either of the responses listed above * Parent notified * Loss of privileges (i.e. recess, special seat) |
| **Third offense:**   * Any of the responses listed above * Written reflection assignment   + This will be a letter copied in neat handwriting onto lined paper and signed at home   + Reflection assignment will be given by the teacher and the parent will be notified   + Student may begin the assignment at school if there is class time available, but the assignment is to be finished at home and signed. |
| **Fourth offense:**   * *Any of the responses listed above* * Removal from classroom to the principal’s office * Conference with teacher and/or principal |
| **Straight to principal:**   * Physical contact with intent to harm * Inappropriate language (insults, curse words, explicit references) * Bullying * Direct defiance |

Assigned to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Due by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Positive Self-Management Letter – Written Reflection from Child**

***DIRECTIONS:*** *rewrite the following letter in very neat print on lined paper. You need to read what you write so that it makes sense. Once you finish, get the 3 signatures listed, and return it to school completed.*

I got in trouble for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Now I have to copy this paper down on a lined sheet of paper. I don’t enjoy having to copy this sheet because it means I have to spend my time doing something that I don’t particularly like to do. I KNOW that there are consequences for all my actions. A consequence is not necessarily a punishment, but a consequence is an effect for any action.

When I made a poor choice and chose to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, it caused problems. One problem my action caused was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Instead, a better choice would have been to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I know it is wrong to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because it’s disruptive and disrespectful. When I do not follow positive discipline practices I show disrespect for others. I know that if I do not obey these rules, then other people suffer because of my selfishness. I also know that my behavior bothers others because someone has to spend time correcting my behavior when they could be using that time for a more useful purpose. Besides, this poor behavior wastes my time, too, because I have to spend MY TIMEcopying this essay.

What I *should* do from now on is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Next time I am tempted to make this bad choice, I will not allow myself to do it. I’ll talk to myself and say, “I don’t want to get in trouble. It’s not worth it and I don’t want to waste everyone’s time.”

I know if I can stop myself from breaking the rules, good things will happen to me. People will think I am growing up and becoming a responsible person. I’ll be happy, my family will be happy, and so will my friends…and I would not have to copy this paper again. I’m going to really try to obey the rules and be a POSITIVE ACTION PERSON. I know that if I try hard enough, I can do it. I believe in me, and I want others to believe and trust me too. I am sorry for making the wrong choice(s), and I will not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ again.

*Last directions: Once you have rewritten the letter on lined paper, you will need to 1) sign it with your own name, 2) have your parent/guardian sign it, 3) write the date, 4) staple it to the front of this paper, and 5) turn it back into your teacher so she can sign it, too.*